



## NorthSTAR News

Some *not so good* news first....

Due to budget cuts and more people needing services, some hard choices had to be made. The following will close December 1, 2011:

- MetroCare After Hours Urgent Care Clinic
- MetroCare Drop-in Center at Lancaster Kiest Clinic
- Lakes' Drop-in Centers in Greenville and Terrell

Some people *may have some fewer services*, while some people *will not have a change*.

- *Mobile Crisis will still be there to help you decide what to do in a crisis.*  
(Call 1-866-260-8000)
- *The Southern Area Behavioral Health After-Hours Urgent Care Clinic will remain open.*

Some *good news* is that ValueOptions is working with stakeholders to increase the focus on *Recovery*.

We want persons who get services in NorthSTAR to get *what help they need when they need it* so they can get back to the things in life that matter to them. To this end we will be working with our members, our providers, and those in our area who care about good mental health outcomes to make sure the supports are there to help our members reach these goals.

Some of the things we will be doing to make this happen are:

- *Making our website better*, with more information to help you help yourself
- Working with the local affiliates of the National Alliance on Mental Illness (NAMI), the Depression and Bipolar Support Alliance (DBSA), and Mental Health America (MHA) to support their education and support groups
- Working with our providers to link you to supports in the community
- Starting Peer Support Services at Green Oaks

We want you, our member, to be the most important person in shaping your own future. And, we want to be your partner as you do that.

NAMI Dallas (214) 341-7133  
NAMI Ellis Co. (Sue) (469) 733-4626  
MHA of Greater Dallas (214-871-2420

NAMI Collin County (214) 908-NAMI  
NAMI Kaufman Co. (Emma) (972) 962-3784  
DBSA (817) 654-7100